Below are some of the resources available to any Penn State student who has experienced sexual or gender-based harassment or sexual misconduct.

**Resources Near You**

https://titleix.psu.edu/campuses

Each of the Penn State campuses lists local counseling, medical, hospital, and community resources, along with a Resource Person.

We also welcome a phone call, email, or intake meeting for any questions:

**(814) 867-0099 titleix@psu.edu**

**Counseling & Emotional Support**
Talking to someone can be an important part of healing. Confidential services do not share your personal information without your permission.

**Counseling and Psychological Services (CAPS)**

**Counseling Services at Commonwealth Campus**

**Gender Equity Center**
https://bit.ly/3QD7Q3y

**Health Services**
Medical providers can assess your overall health needs, treat physical injuries, test for sexually transmitted infections and pregnancy, and collect evidence.

**University Health Services**
https://bit.ly/3ywFxFX

**Health Services at Commonwealth Campuses**

**Hotlines**
These hotlines are open 24 hours, 7 days a week, 365 days a year for immediate assistance and local services.

**Penn State Crisis Line**
1-877-229-6400
or text “LIONS” to 741741

**National Sexual Assault Hotline (RAINN)**
1-800-656-4673
https://www.rainn.org

**National Dating/Domestic Violence Hotline**
1-800-799-7233
https://thehotline.org

**National Mental Health Hotline**
Call or Text 988 or 1-800-273-8255
https://988lifeline.org/

**Penn State Hotline**
1-800-560-1637
http://hotline.psu.edu

**State of Pennsylvania Services**
1-855-284-2494
https://www.crisistextline.org/

**Reporting Contacts**

**Title IX Coordinator**
titleix@psu.edu

**Police**
911

**Office of Sexual Misconduct Reporting & Response Website**
titleix.psu.edu
What happens next when the University has been notified of an incident of sexual or gender-based harassment or misconduct (including sexual harassment, sexual assault, stalking, dating violence, domestic violence, and/or sexual exploitation)?

Once the Office of Sexual Misconduct Prevention & Response (OSMPR) receives this information, a staff person will typically contact the affected student to ask if they are interested in an intake meeting to discuss their experience as well as the resources, support services, and procedural options that may be available to them. The student is not obligated to respond to the e-mail or meet with anyone. The primary purpose of the intake meeting will be to assist the student in understanding their options and the University’s process for handling these kinds of incidents. The student is not required to disclose any additional information.

Can I bring someone with me to the intake meeting?

Yes. A student may bring a support person or advisor of their choosing to any meeting or conversation they have regarding their experience.

What kind of help is available to me through the University?

Penn State is committed to providing ongoing support to individuals who experience incidents of sexual or gender-based harassment or misconduct. Students may be able to access a variety of resources and support services in connection with their experience, including:

- reasonable academic accommodations, including modifications to course or exam schedules, or coursework;
- housing modifications, including permanent or temporary room reassignments or the provision of a temporary safe space on campus;
- free confidential counseling and psychological support;
- access to free or low-cost healthcare options;
- referrals to local community agencies for additional services;
- the choice to request a No Contact Order; and
- your option to request a formal investigative process or an informal resolution.

Additional confidential and nonconfidential resources beyond those listed here may also be available.

Will I be in trouble if I was drinking underage or using drugs when the incident happened?

No. Penn State wants to encourage students to freely report incidents of sexual or gender-based harassment and misconduct whenever they occur. Therefore, it is the University’s policy that students who act responsibly by reporting incidents of sexual or gender-based harassment and misconduct will not face University disciplinary action for their own drug or alcohol possession or consumption in connection with the reported incident.

What is the University’s policy on retaliation?

Retaliation against anyone who reports an incident of sexual or gender-based harassment or misconduct, or who participates in a University process related to such an incident, is strictly prohibited under University policy AD67 (https://policy.psu.edu/policies/ad67). If you have any concerns about retaliation, you should discuss them with a staff member. Regardless of whether you participated in a University process, you are encouraged to consider preserving any key forensic or other evidence.